



# **LINKING GUIDE**

**BUSINESS, RESOURCES & BENEFITS  
FOR SENIORS**



## **Aging Information & General Information**

AARP [www.aarp.org](http://www.aarp.org)  
Administration on Aging [www.aoa.gov](http://www.aoa.gov)  
AGS Foundation for Health in Aging [www.healthinaging.org](http://www.healthinaging.org)  
American Geriatrics Society [www.americangeriatrics.org](http://www.americangeriatrics.org)  
American Society on Aging [www.asaging.org](http://www.asaging.org)  
Benefits Check Up [www.benefitscheckup.org](http://www.benefitscheckup.org)  
Boomerater [www.boomerater.com](http://www.boomerater.com)  
Federal Consumer Information Center [www.pueblo.gsa.gov](http://www.pueblo.gsa.gov)  
Gerontological Society of America [www.geron.org](http://www.geron.org)  
National Association of Area Agencies on Aging [www.n4a.org](http://www.n4a.org)  
National Council on the Aging [www.ncoa.org](http://www.ncoa.org)  
National Hispanic Council on Aging [www.nhcoa.org](http://www.nhcoa.org)  
National Institute on Aging [www.nia.nih.gov](http://www.nia.nih.gov)  
SeniorDiscounts.com [www.seniordiscounts.com](http://www.seniordiscounts.com)  
The Seniors Coalition [www.senior.org](http://www.senior.org)  
Suddenly Senior [www.suddenlysenior.com](http://www.suddenlysenior.com)  
ThirdAge [www.thirdage.com](http://www.thirdage.com)

## **Assistive Devices and Senior Gadgets**

AbilityHub [www.abilityhub.com](http://www.abilityhub.com)  
Active Forever [www.activeforever.com](http://www.activeforever.com)  
Alzheimer's Store [www.alzstore.com](http://www.alzstore.com)  
Assisted Living Store [www.assistedlivingstore.com](http://www.assistedlivingstore.com)  
Easy Comforts [www.easycomforts.com](http://www.easycomforts.com)  
HITEC Assistive Communication Products [www.hitec.com](http://www.hitec.com)  
Independent Living Aids [www.independentliving.com](http://www.independentliving.com)  
Magnifying Aids [www.magnifyingaids.com](http://www.magnifyingaids.com)  
Maxi-Aids.com [www.maxiaids.com](http://www.maxiaids.com)  
Mobility-Advisor [www.mobility-advisor.com](http://www.mobility-advisor.com)  
Ocelco [www.ocelco.com](http://www.ocelco.com)  
Simple Comforts [www.simplecomforts.com](http://www.simplecomforts.com)  
SpinLife.Com [www.spinlife.com](http://www.spinlife.com)  
Technology for Long Term Care [www.techforltc.org](http://www.techforltc.org)  
Telecommunications Equip. Distribution Program (hearing loss telephone equip.)  
[www.tedpa.org](http://www.tedpa.org) Used Medical Equipment [www.usedHME.com](http://www.usedHME.com)

## **Caregiving and Support Services**

Our Aging Parents [www.ouragingparents.net](http://www.ouragingparents.net)  
AARP Caregiving [www.aarp.org/family/caregiving](http://www.aarp.org/family/caregiving)  
AgingCare.com [www.agingcare.com](http://www.agingcare.com)  
Agis [www.agis.com](http://www.agis.com)  
Cancer Care [www.cancercare.org](http://www.cancercare.org)  
Care.com <http://www.care.com/senior-care-p1006.html>  
Caring.com [www.caring.com](http://www.caring.com)  
Catholic Charities USA [www.catholiccharitiesusa.org](http://www.catholiccharitiesusa.org)  
Daily Money Managers [www.aadmm.com](http://www.aadmm.com)  
Family Caregiver Alliance [www.caregiver.org](http://www.caregiver.org)

LGBT Caregiving

National Adult Day Services Association [www.nadsa.org](http://www.nadsa.org)  
National Alliance for Caregiving [www.caregiving.org](http://www.caregiving.org)  
National Association of Home Care & Hospice [www.nahc.org](http://www.nahc.org)  
National Association of Professional Geriatric Care Managers [www.caremanager.org](http://www.caremanager.org)  
National Association of Area Agencies on Aging [www.n4a.org](http://www.n4a.org)  
National Family Caregivers Association [www.nfcacares.org](http://www.nfcacares.org)  
Respite Locator [www.respitelocator.org](http://www.respitelocator.org)  
Well Spouse Foundation [www.wellspouse.org](http://www.wellspouse.org)

## **Computer and Internet**

AARP Computers and Technology [www.aarp.org/learntech/computers](http://www.aarp.org/learntech/computers)  
CyberSeniors.org [www.cyberseniors.org](http://www.cyberseniors.org)  
Generations Online [www.generationsonline.com](http://www.generationsonline.com)  
Microsoft Accessibility [www.microsoft.com/enable](http://www.microsoft.com/enable)  
SeniorNet [www.seniornet.org](http://www.seniornet.org)

## **Consumer Protection Organizations**

Index of State and Local Consumer Protection Agencies  
<http://www.usa.gov/directory/stateconsumer/index.shtml>  
National Center on Elder Abuse <https://ncea.acl.gov/>  
Federal Trade Commission Bureau of Consumer Protection <http://www.ftc.gov/about-ftc/bureaus-offices/bureau-consumer-protection>

## **Employment**

AARP Careers [www.aarp.org/money/careers](http://www.aarp.org/money/careers)  
BizStarters [www.bizstarters.com](http://www.bizstarters.com)  
Career One-Stop Centers [www.careeronestop.org](http://www.careeronestop.org)  
Monster: Career Changers [www.careersat50.monster.com](http://www.careersat50.monster.com)  
National Career Development Association [www.ncda.org](http://www.ncda.org)  
National Older Worker Career Center [www.nowcc.org](http://www.nowcc.org)  
Retired Brains [www.retiredbrains.com](http://www.retiredbrains.com)  
RetirementJobs.com [www.retirementjobs.com](http://www.retirementjobs.com)  
Seniors4Hire [www.seniors4hire.org](http://www.seniors4hire.org)  
Too Young to Retire: [www.2young2retire.com](http://www.2young2retire.com)  
U.S. Department of Labor [www.dol.gov](http://www.dol.gov)  
U.S. Small Business Administration. [www.sba.gov](http://www.sba.gov)

## **End of Life Issues**

Aging with Dignity [www.agingwithdignity.org](http://www.agingwithdignity.org)  
American Academy of Hospice and Palliative Medicine [www.aahpm.org](http://www.aahpm.org)  
American Hospice Foundation [www.americanhospice.org](http://www.americanhospice.org)  
Americans for Better Care of the Dying [www.abcd-caring.org](http://www.abcd-caring.org)  
Association for Death Education and Counseling [www.adec.org](http://www.adec.org)  
Association for Pet Loss and Bereavement [www.aplb.org](http://www.aplb.org)  
Caring Connections (advance directives) [www.caringinfo.org](http://www.caringinfo.org)  
Center to Advance Palliative Care <https://www.capc.org/>  
Cremation.com [www.cremation.com](http://www.cremation.com)  
Cremation Association of North America [www.cremationassociation.org](http://www.cremationassociation.org)  
Death with Dignity National Center [www.deathwithdignity.org](http://www.deathwithdignity.org)  
Funeral Consumers Alliance [www.funerals.org](http://www.funerals.org)  
Hospice Foundation of America [www.hospicefoundation.org](http://www.hospicefoundation.org)

Who Gets Grandma's Yellow Pie Plate [www.yellowpieplate.umn.edu](http://www.yellowpieplate.umn.edu)

## **Finances and Retirement**

AARP Tax-Aide [www.aarp.org/money/taxaide](http://www.aarp.org/money/taxaide)  
AARP: Reverse Mortgages [www.aarp.org/money/revmort](http://www.aarp.org/money/revmort)  
Bankrate.com [www.bankrate.com/brm/default.asp](http://www.bankrate.com/brm/default.asp)  
Choose to Save [www.choosetosave.org](http://www.choosetosave.org)  
Certified Financial Planner Board of Standards [www.cfp-board.org](http://www.cfp-board.org)  
Daily Money Managers [www.aadmm.com](http://www.aadmm.com)  
Financial Literacy and Education Commission [www.mymoney.gov](http://www.mymoney.gov)  
Financial Planning Association [plannersearch.org](http://plannersearch.org)  
Independent Information on Reverse Mortgages [www.reverse.org](http://www.reverse.org)  
Internal Revenue Service [www.irs.gov](http://www.irs.gov)  
Kiplinger.com [www.kiplinger.com](http://www.kiplinger.com)  
Motley Fool [www.fool.com](http://www.fool.com)  
MsMoney.com [www.msmoney.com](http://www.msmoney.com)  
National Association of Personal Financial Advisors [napfa.org](http://napfa.org)  
National Association of Unclaimed Property Administrators  
[www.unclaimed.org](http://www.unclaimed.org) National Reverse Mortgage Lenders Association  
[www.reversemortgage.org](http://www.reversemortgage.org)  
Retire Early Home Page [www.retireearlyhomepage.com](http://www.retireearlyhomepage.com)  
Social Security Retirement Planner [www.socialsecurity.gov/retire2/](http://www.socialsecurity.gov/retire2/)  
Pension and Welfare Benefits Administration [www.dol.gov/ebsa](http://www.dol.gov/ebsa)  
Pension Benefit Guaranty Corporation [www.pbgc.gov](http://www.pbgc.gov)  
Too Young to Retire [www.2young2retire.com](http://www.2young2retire.com)  
Veterans Administration [www.va.gov](http://www.va.gov)

## **Grandparenting and Intergenerational Family**

Grandparents Forum [ths.gardenweb.com/forums/grandp](http://ths.gardenweb.com/forums/grandp)  
Grandparents' Web [www.cyberparent.com/gran](http://www.cyberparent.com/gran)  
Generations Together [www.gt.pitt.edu](http://www.gt.pitt.edu)  
Generations United [www.gu.org](http://www.gu.org)  
Legacy Project [www.legacyproject.org](http://www.legacyproject.org)

## **Government Resources and Assistance**

Administration on Aging [www.aoa.gov](http://www.aoa.gov)  
Agency for Healthcare Research and Quality [www.ahrq.gov](http://www.ahrq.gov)  
AgingStats.Gov [www.agingstats.gov](http://www.agingstats.gov)  
Alliance for Retired Americans [www.retiredamericans.org](http://www.retiredamericans.org)  
BenefitsCheckUp – find government programs and services  
[www.benefitscheckup.org](http://www.benefitscheckup.org) ClinicalTrials.gov [clinicaltrials.gov](http://clinicaltrials.gov)  
Federal Citizen Information Center [www.info.gov](http://www.info.gov)  
Federal Trade Commission: Consumer Protection [www.ftc.gov/ftc/consumer.htm](http://www.ftc.gov/ftc/consumer.htm) Food and Drug Administration [www.fda.gov](http://www.fda.gov)  
National Academy on an Aging Society [www.agingociety.org](http://www.agingociety.org)  
National Active and Retired Federal Employees Association  
[www.narfe.org](http://www.narfe.org)  
National Council on Aging [www.ncoa.org](http://www.ncoa.org)  
National Institute on Aging [www.nia.nih.gov](http://www.nia.nih.gov)  
Medicare [www.medicare.gov](http://www.medicare.gov)



American Diabetes Association [www.diabetes.org](http://www.diabetes.org)  
American Heart Association [www.americanheart.org](http://www.americanheart.org)  
American Heart, Lung, Blood Institute [www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)  
American Hospital Association [www.aha.org](http://www.aha.org)  
American Medical Association [www.ama-assn.org](http://www.ama-assn.org)  
American Nurses Association [www.nursingworld.org](http://www.nursingworld.org)  
American Occupational Therapy Association [www.aota.org](http://www.aota.org)  
American Osteopathic Association [www.osteopathic.org](http://www.osteopathic.org)  
American Parkinson Disease Association [www.apdaparkinson.org](http://www.apdaparkinson.org)  
American Physical Therapy Association [www.apta.org](http://www.apta.org)  
American Physical Therapy Association, Section on Geriatrics [www.geriatricspt.org](http://www.geriatricspt.org)  
American Podiatric Medical Association [www.apma.org](http://www.apma.org)  
American Stroke Association [www.strokeassociation.org](http://www.strokeassociation.org)  
Arthritis Foundation [www.arthritis.org](http://www.arthritis.org)  
American Vascular Association [www.vascularweb.org](http://www.vascularweb.org)  
BrightFocus Foundation [www.brightfocus.org](http://www.brightfocus.org)  
Center for Disease Control and Prevention [www.cdc.gov](http://www.cdc.gov)  
Clinical Trials [www.clinicaltrials.gov](http://www.clinicaltrials.gov)  
Diabetes Mall [www.diabetesnet.com](http://www.diabetesnet.com)  
Epilepsy Foundation [www.efa.org](http://www.efa.org)  
Health and Age Centers [www.healthandage.com](http://www.healthandage.com)  
Health Grades [www.healthgrades.com](http://www.healthgrades.com)  
Huntington's Disease Society of America [www.hdsa.org](http://www.hdsa.org)  
International Tremor Foundation [www.essentialtremor.org](http://www.essentialtremor.org)  
Legs for Life [www.legsforlife.org](http://www.legsforlife.org)  
Leukemia and Lymphoma Society [www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org)  
Life Line Screening [www.lifelinescreening.com](http://www.lifelinescreening.com)  
Lupus Foundation of America [www.lupus.org](http://www.lupus.org)  
Mayo Clinic Senior Health Center [www.mayoclinic.com](http://www.mayoclinic.com)  
MEDLINEplus Health Information [www.nlm.nih.gov/medlineplus](http://www.nlm.nih.gov/medlineplus)  
My Family Health Portrait [www.hhs.gov/familyhistory](http://www.hhs.gov/familyhistory)  
National Association for Continence [www.nafc.org](http://www.nafc.org)  
National Arthritis and Musculoskeletal and Skin Disease Information Clearinghouse  
[www.niams.nih.gov/hi](http://www.niams.nih.gov/hi) National Cancer Institute [www.cancer.gov](http://www.cancer.gov)  
National Diabetes Education Program [www.ndep.nih.gov](http://www.ndep.nih.gov)  
National Heart, Lung, and Blood Institute [www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)  
National Institutes of Health [www.nih.gov](http://www.nih.gov)  
National Institute of Allergy and Infectious Diseases [www3.niaid.nih.gov](http://www3.niaid.nih.gov)  
National Institute of Neurological Disorders and Stroke [www.ninds.nih.gov](http://www.ninds.nih.gov)  
National Institute on Alcohol Abuse and Alcoholism [www.niaaa.nih.gov](http://www.niaaa.nih.gov)  
National Institute on Drug Abuse [www.nida.nih.gov](http://www.nida.nih.gov)  
National Kidney Foundation [www.kidney.org](http://www.kidney.org)  
National Multiple Sclerosis Society [www.nmss.org](http://www.nmss.org)  
National Organization for Rare Disorders [www.rarediseases.org](http://www.rarediseases.org)  
National Osteoporosis Foundation [www.nof.org](http://www.nof.org)  
National Pain Foundation [www.painconnection.org](http://www.painconnection.org)  
National Rehabilitation Information Center [www.naric.com](http://www.naric.com)  
National Stroke Association [www.stroke.org](http://www.stroke.org)  
National Women's Health Network [www.nwhn.org](http://www.nwhn.org)  
National Women's Health Resource Center [www.healthywomen.org](http://www.healthywomen.org)  
Office of the Surgeon General [www.surgeongeneral.gov](http://www.surgeongeneral.gov)  
Patient Advocate Foundation [www.patientadvocate.org](http://www.patientadvocate.org)

American Counseling Association [www.counseling.org](http://www.counseling.org)  
American Psychological Association Office on Aging [www.apa.org/pi/aging](http://www.apa.org/pi/aging)  
Institute for Brain Aging and Dementia [www.alz.uci.edu](http://www.alz.uci.edu)  
National Institute of Mental Health [www.nimh.nih.gov](http://www.nimh.nih.gov)  
National Institute of Neurological Disorders and Stroke [www.ninds.nih.gov](http://www.ninds.nih.gov)  
National Mental Health Association [www.nmha.org](http://www.nmha.org)

## **Medication**

American Pharmaceutical Association [www.aphanet.org](http://www.aphanet.org)  
American Society of Consultant Pharmacists [www.ascp.com](http://www.ascp.com)  
DrugDigest [www.drugdigest.org](http://www.drugdigest.org)  
Food and Drug Administration [www.fda.gov](http://www.fda.gov)  
Medication Reminders [www.epill.com](http://www.epill.com)  
MyMedSchedule.com [www.mymedschedule.com](http://www.mymedschedule.com)  
National Council on Patient Information and Education [www.talkaboutrx.org](http://www.talkaboutrx.org)  
National Library of Medicine [www.nlm.nih.gov](http://www.nlm.nih.gov)  
NeedyMeds [www.needymeds.com](http://www.needymeds.com)  
On Time Medication Reminder [www.ontimerx.com](http://www.ontimerx.com)  
Partnership for Prescription Assistance [www.pparx.org](http://www.pparx.org)  
PharmacyChecker.com [www.pharmacychecker.com](http://www.pharmacychecker.com)  
Physicians Desk Reference [pdrhealth.com](http://pdrhealth.com)  
RxAssist [www.rxassist.org](http://www.rxassist.org)

## **Dental**

American Dental Association [www.ada.org](http://www.ada.org)  
National Institute of Dental and Craniofacial Research [www.nidcr.nih.gov](http://www.nidcr.nih.gov)  
DentalPlans.com (dental discount plans) [dentalplans.com](http://dentalplans.com)  
Donated Dental Services (free dental care for elderly and disabled)  
[www.nfdh.org/DDS.html](http://www.nfdh.org/DDS.html)

## **Hearing**

American Academy of Audiology [www.audiology.org](http://www.audiology.org)  
American Hearing Research Foundation [www.american-hearing.org](http://www.american-hearing.org)  
American Speech-Language Hearing Association [www.asha.org](http://www.asha.org)  
American Tinnitus Association [www.ata.org](http://www.ata.org)  
Better Hearing Institute [www.betterhearing.org](http://www.betterhearing.org)  
Deafness Research Foundation [www.drf.org](http://www.drf.org)  
Association of America [www.hearingloss.org](http://www.hearingloss.org)  
National Institute on Deafness and Other Communication Disorders  
[www.nidcd.nih.gov](http://www.nidcd.nih.gov)

## **Vision**

All About Vision [www.allaboutvision.com](http://www.allaboutvision.com)  
American Academy of Ophthalmology [www.aao.org](http://www.aao.org)  
American Council of the Blind [www.acb.org](http://www.acb.org)  
American Foundation for the Blind [www.afb.org](http://www.afb.org)  
American Macular Degeneration Foundation: [www.macular.org](http://www.macular.org)  
American Optometric Association [www.aoa.org](http://www.aoa.org)  
Choice Magazine Listening, [www.choicemagazinelisting.org](http://www.choicemagazinelisting.org)  
Ears for Eyes [www.earsforeyes.org](http://www.earsforeyes.org)  
EyeCare America (free eye care) [www.eyecareamerica.org](http://www.eyecareamerica.org)

## **Sleep**

American Academy of Sleep Medicine [www.aasmnet.org](http://www.aasmnet.org)  
American Sleep Apnea Association [www.sleepapnea.org](http://www.sleepapnea.org)  
National Center on Sleep Disorders Research [www.nhlbi.nih.gov/sleep](http://www.nhlbi.nih.gov/sleep)  
National Sleep Foundation [www.sleepfoundation.org](http://www.sleepfoundation.org)  
Restless Legs Syndrome Foundation [www.rls.org](http://www.rls.org)

## **Nutrition and Exercise**

American College of Sports Medicine [www.acsm.org](http://www.acsm.org)  
American Dietetic Association [www.eatright.org](http://www.eatright.org)  
American Volkssport Association [www.ava.org](http://www.ava.org)  
Food and Drug Administration [www.fda.gov](http://www.fda.gov)  
Food and Nutrition Information Center [www.nal.usda.gov/fnic](http://www.nal.usda.gov/fnic)  
National Association of Area Agencies on Aging [www.n4a.org](http://www.n4a.org)  
National Association of Health and Fitness [www.physicalfitness.org](http://www.physicalfitness.org)  
National Association of Nutrition and Aging Services Programs [www.nanasp.org](http://www.nanasp.org)  
National Senior Games Association [www.nsga.com](http://www.nsga.com)  
The Walking Site [www.thewalkingsite.com](http://www.thewalkingsite.com)

## **Housing, Long Term Care and Universal Design**

AARP Housing and Mobility [www.aarp.org/family/housing](http://www.aarp.org/family/housing)  
Care Like [www.carelike.com](http://www.carelike.com)  
Continuing Care Accreditation Commission [www.carf.org](http://www.carf.org)  
Eden Alternative [www.edenalt.com](http://www.edenalt.com)  
HEMECARE Online [www.nahc.org](http://www.nahc.org)  
Independent living center [www.ilru.org](http://www.ilru.org)  
National Association of Senior Move Managers [www.nasmm.org](http://www.nasmm.org)  
National Center for Assisted Living [www.ncal.org](http://www.ncal.org)  
National Long Term Care Ombudsman Resource Center [www.ltcombudsman.org](http://www.ltcombudsman.org)  
National Resource Center on Supportive Housing and Home Modification  
[www.homemods.org](http://www.homemods.org) National Reverse Mortgage Lenders Association  
[www.reversemortgage.org](http://www.reversemortgage.org)  
A Place for Mom [www.aplaceformom.com](http://www.aplaceformom.com)  
Rebuilding Together [www.rebuildingtogether.com](http://www.rebuildingtogether.com)  
Retirement Living Information Center [www.retirementliving.com](http://www.retirementliving.com)  
Senior Housing Net [www.seniorhousingnet.com/seniors](http://www.seniorhousingnet.com/seniors)  
Senior Living [www.seniorliving.org](http://www.seniorliving.org)  
Seniors Real Estate Specialists [www.seniorsrealestate.com](http://www.seniorsrealestate.com)  
Sharp Seniors [www.sharpseniors.com](http://www.sharpseniors.com)

## **Insurance**

American Association for Long-Term Care Insurance [www.aaltci.org](http://www.aaltci.org)  
COBRA [www.dol.gov/dol/topic/health-plans/cobra.htm](http://www.dol.gov/dol/topic/health-plans/cobra.htm)  
eHealthInsurance – health insurance policy finder [www.ehealthinsurance.com](http://www.ehealthinsurance.com)  
Families USA [www.familiesusa.org](http://www.familiesusa.org)  
Health Insurance Association of America [www.ahip.org](http://www.ahip.org)  
Insure.com – free insurance quotes [www.insure.com](http://www.insure.com)  
Kaiser Family Foundation [www.kff.org](http://www.kff.org)  
Long-Term Care Financial Partners [www.ltcfp.com](http://www.ltcfp.com)  
Patient Advocate Foundation [www.patientadvocate.org](http://www.patientadvocate.org)

Senior Legal Hotlines [www.legalhotlines.org](http://www.legalhotlines.org)  
Legal Services [www.lsc.gov](http://www.lsc.gov)  
National Senior Citizens Law Center [www.nslc.org](http://www.nslc.org)  
Nolo Law Center: [www.nolo.com](http://www.nolo.com)  
Pension Rights Center [www.pensionrights.org](http://www.pensionrights.org)  
U.S. Department of Labor: Equal Employment Opportunity [www.dol.gov/dol/topic/discrimination/index.htm](http://www.dol.gov/dol/topic/discrimination/index.htm) Wills.com [www.wills.com](http://www.wills.com)

## **Leisure, Learning and Personal Growth**

Elderhostel [www.elderhostel.org](http://www.elderhostel.org)  
OASIS [www.oasisnet.org](http://www.oasisnet.org)  
Cyndi's List of Genealogy Sites on the Internet [www.cyndislist.com](http://www.cyndislist.com)  
U.S. National Archives and Records Administration [www.archives.gov/index.html](http://www.archives.gov/index.html)  
Age Exchange [www.age-exchange.org.uk](http://www.age-exchange.org.uk)  
Fifties Web [www.fiftiesweb.com](http://www.fiftiesweb.com)  
Old-Time Radio [www.old-time.com](http://www.old-time.com)  
National Assembly of State Arts Agencies [www.nasaa-arts.org](http://www.nasaa-arts.org)  
National Senior Games Association [www.nsga.com](http://www.nsga.com)  
Senior Golfers Association of America [www.seniorgolfersamerica.com](http://www.seniorgolfersamerica.com)  
Senior Adult Ministry [www.senioradultministry.com](http://www.senioradultministry.com)  
American Horticultural Therapy Association [www.ahta.org](http://www.ahta.org)  
American Music Therapy Association [www.musictherapy.org](http://www.musictherapy.org)  
Pet Partners [www.petpartners.org](http://www.petpartners.org)

## **Medicare, Medicaid and Social Security**

Medicare [www.medicare.gov](http://www.medicare.gov)  
Centers for Medicare and Medicaid Services [www.cms.hhs.gov](http://www.cms.hhs.gov)  
Medicare Rights Center [www.medicarerights.org](http://www.medicarerights.org)  
Social Security [www.socialsecurity.gov](http://www.socialsecurity.gov)  
Railroad Retirement Board [www.rrb.gov](http://www.rrb.gov)

## **Older Drivers and Transportation**

AARP Driver Safety Program [www.aarp.org/drive](http://www.aarp.org/drive)  
American Public Transportation Association [www.apta.com](http://www.apta.com)  
American Occupational Therapy Association [www.aota.org/olderdriver](http://www.aota.org/olderdriver)  
Association for Driver Rehabilitation Specialists [www.driver-ed.org](http://www.driver-ed.org)  
Community Transportation Association [www.ctaa.org](http://www.ctaa.org)  
Easter Seals Transportation Solutions for Caregivers [www.easterseals.com/site/PageServer?pagename=ntl\\_trans\\_care](http://www.easterseals.com/site/PageServer?pagename=ntl_trans_care)  
National Highway Traffic Safety Administration Older Driver Safety [www.nhtsa.dot.gov/people/injury/olddrive](http://www.nhtsa.dot.gov/people/injury/olddrive) Older Drivers [www.drivers.com/topic/10](http://www.drivers.com/topic/10)  
The Hartford Financial Services Group and MIT AgeLab – How to Talk with Older Drivers [www.thehartford.com/talkwitholderdrivers](http://www.thehartford.com/talkwitholderdrivers)

## **Relationships and Online Dating**

AARP: Message Boards [www.aarp.org/boards](http://www.aarp.org/boards)  
Write a Senior Citizen [www.writeseniors.com](http://www.writeseniors.com)  
Silver Singles [www.silversingles.com](http://www.silversingles.com)  
eHarmony [www.eharmony.com](http://www.eharmony.com)  
Senior Friend Finder [www.seniorfriendfinder.com](http://www.seniorfriendfinder.com)  
Prime Singles [www.primesingles.net](http://www.primesingles.net)



AgeLine Database [www.aarp.org/research/ageline](http://www.aarp.org/research/ageline)  
AgeSource Worldwide [www.aarp.org/research/agesource](http://www.aarp.org/research/agesource)  
Alliance for Aging Research [www.agingresearch.org](http://www.agingresearch.org)  
American Federation for Aging Research [www.afar.org](http://www.afar.org)  
American Geriatrics Society [www.americangeriatrics.org](http://www.americangeriatrics.org)  
American Society on Aging [www.asaging.org](http://www.asaging.org)  
Association for Gerontology in Higher Education [www.aghe.org](http://www.aghe.org)  
Cognitive Neurology and Alzheimer's Disease Center [www.brain.northwestern.edu](http://www.brain.northwestern.edu)  
Gerontological Society of America [www.geron.org](http://www.geron.org)  
Grantmakers in Aging [www.giaging.org](http://www.giaging.org)  
Health and Retirement Study [www.umich.edu/~hrswww](http://www.umich.edu/~hrswww)  
Institute for Brain Aging and Dementia [www.alz.uci.edu](http://www.alz.uci.edu)  
Kaiser Family Foundation: State Health Facts Online [www.statehealthfacts.kff.org](http://www.statehealthfacts.kff.org)  
MetLife Mature Market Institute [www.maturemarketinstitute.com](http://www.maturemarketinstitute.com)  
National Archive of Computerized Data on Aging [www.icpsr.umich.edu/NACDA](http://www.icpsr.umich.edu/NACDA)

## **Travel**

AARP: Travel [www.aarp.org/travel](http://www.aarp.org/travel)  
Elderhostel [www.elderhostel.org](http://www.elderhostel.org)  
Elder Treks [www.eldertreks.com](http://www.eldertreks.com)  
Evergreen Club [www.evergreenclub.com](http://www.evergreenclub.com)  
SeniorDiscounts.com [www.seniordiscounts.com](http://www.seniordiscounts.com)  
Smart Travel [www.smartertravel.com/senior-travel](http://www.smartertravel.com/senior-travel)  
Snowbirdhelper.com [www.snowbirdhelper.com](http://www.snowbirdhelper.com)  
Transitions Abroad: Senior Travel [www.transitionsabroad.com/listings/travel/senior/](http://www.transitionsabroad.com/listings/travel/senior/)

## **Volunteering**

Big Brothers Big Sisters of America [www.bbbsa.org](http://www.bbbsa.org)  
Experience Corps [www.experiencecorps.org](http://www.experiencecorps.org)  
Habitat for Humanity [www.habitat.org](http://www.habitat.org)  
Little Brothers: Friends of The Elderly [www.littlebrothers.org](http://www.littlebrothers.org)  
Network for Good [www.networkforgood.org](http://www.networkforgood.org)  
Peace Corps: Older Applicants [www.peacecorps.gov/index.cfm?shell=learn.whovol.older](http://www.peacecorps.gov/index.cfm?shell=learn.whovol.older)  
Senior Corps [www.seniorcorps.org](http://www.seniorcorps.org)  
VolunteerMatch [www.volunteermatch.org](http://www.volunteermatch.org)

## **Simple, Affordable and Effective Fall Prevention**

A comprehensive Home Safety Assessment can pay for itself by avoiding the high cost of injury or assisted living.

Assessment Fee: The cost is between \$199-\$399 depending on the size of the home and your location.

A Home Safety Assessment along with some low-cost modifications can serve to effectively reduce falls and fall injury in older adults.